








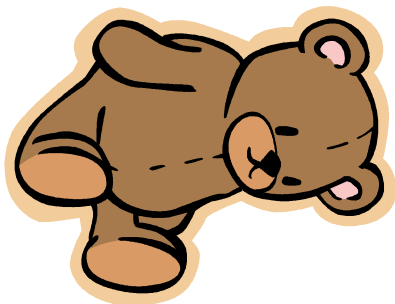


\*Consult your pharmacist to be sure you choose the correct dose and formula for your child.

Dose of acetaminophen to be given every 4-6 hours, by age or by weight	
1-3 months 6-11 lbs. 	4-11 months 12-17 lbs.  or 
12-23 months 18-23 lbs.  or 	2-3 years 24-35 lbs.  or 
4-5 years 36-47 lbs.  or 	

**How much fever-reducing medicine  
(acetaminophen) should I give my child?**



**Do not hesitate to contact your  
Physician or Health District  
Nurse if you are concerned or  
have questions.**

*Panhandle Health District offices are  
ready to serve you in each of the five  
northern counties of Idaho*

**Kootenai County**  
8500 N. Atlas Rd  
Hayden ID 83835  
208 415-5100

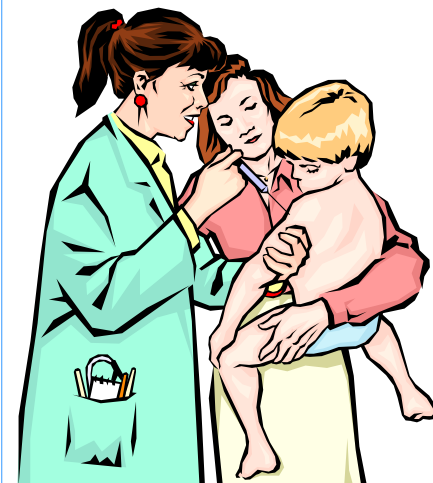
**Bonner County**  
1020 Michigan  
Sandpoint ID 83864  
208 263-5159

**Boundary County**  
7402 Caribou  
Bonners Ferry ID 83805  
208 267-5558

**Benewah County**  
711 Jefferson  
St. Maries ID 83861  
208 245-4556

**Shoshone County**  
114 W Riverside  
Kellogg ID 83837  
208 786-7474

## After the Shots



**Panhandle Health District**  
[www2.state.id.us/phd1](http://www2.state.id.us/phd1)

*Healthy People in  
Healthy Communities*

## AFTER THE SHOTS

### Common Symptoms For the First 48 Hours

- Mild fever—temperature taken rectally that is under 101 F. Give acetaminophen (Tylenol, Tempra, Panadol) according to age/weight chart.
- DO NOT GIVE ASPIRIN.
- Give extra fluids such as water and clear juices.
- You may sponge your child in a few inches of lukewarm (not cold) water. Do not use rubbing alcohol in the water. Clothe your child lightly, do not wrap tightly.
- Redness or swelling at the site of injection- place a clean, cold washcloth on the area. If swelling remains after 24 hours, use a warm wet washcloth for 15 minutes every 2 to 3 hours.
- Irritability—offer extra comfort to the child. Often giving acetaminophen will help with discomfort which may be adding to the irritability.

### When to Call Your Doctor or Panhandle Health District

- If your child has a rectal temperature higher than 105° (or 104° orally or 103° under the arm).
- If your child is pale or limp.
- If your child has been crying for over three hours and just won't stop.
- If your child has a strange cry that is not normal (high pitched cry).
- If your child's body is shaking, twitching or jerking.
- If you are concerned about your child for any reason after his shots.

### VACCINES & COMMON SIDE EFFECTS

#### Inactivated Vaccines

- **DTaP** (*diphtheria, tetanus, pertussis*): Fever and soreness at site of injection for up to 48 hours.
- **DT or Td** (*diphtheria-tetanus to age 7 or tetanus-diphtheria after age 7*): Fever/ soreness at site.
- **Hib/HBOC** (*Haemophilus Influenza B*): Side effects are rare, occasionally fever/ pain at site.
- **IPV** (*inactivated polio virus*): Very well tolerated, rarely any reaction.
- **Prevnar** (*pneumococcal conjugate*): Local reactions 10-20%, fever, sore muscles 5%-24%.

- **Hepatitis B**: Side effects are rare--only occasional pain at site.
- **Hepatitis A**: Injection site pain, redness, swelling in 20%-50%, fever, fatigue <10%, headache 5-15%.
- **Meningococcal**: Up to 50% have redness, pain at injection site. A small percent may have fever.

#### Live Virus Vaccines

- **MMR** (*measles, mumps and rubella*): Fever is most common; it can be 103° F starting 7-10 days after immunization, lasting 1-2 days.
- **Measles**: Non-contagious, transient, generalized rash 7-10 days after the shots in 5% of 1st doses.
- **Rubella**: Non-contagious, transient, generalized rash 7-10 days after vaccination, joint aching or swelling, mild swelling of the neck glands.
- **Mumps**: Rare mild fever--swollen glands behind the ears has been reported.
- **Varicella** (*chickenpox*): Injection site pain, soreness, redness or swelling. A generalized Varicella-like rash occurs in 4%-6% with an average of 5 lesions occurring within 3 weeks of vaccination.